

Community Resources Goal

- Select a few community service agencies in your area—those that are familiar with the population you teach and have bilingual/bicultural resources, if possible. You could make this interactive with students. Do they know about trusted agencies you don't know about? Have they had experiences—good or bad—with some of the agencies? Which place(s) would they like to learn more about? Which places can offer services for them that would help them deal with their various stressors? This makes it relevant and customized to the students.
- Make contact with the agency—find out if there is an education outreach person. Invite someone to your program to talk to students about their services, or make it a program wide event if possible.
- Students could spend a class beforehand creating questions for the visitor, then put them on newsprint or interview the visitor. This could be a class lesson, documented as something other classes could use.
- Information from the class visit could be written up as annotations for the community service. Or videotaped for listening practice.

Whatever the process, each program (or the students themselves) could develop a simple booklet or web page for students with a few reliable and responsive community agencies that deal with mental health and health services.

The idea is to demystify services and for students to make connections with area providers.